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<sup>\*</sup> The sessions that make up Communication Techniques and Person Development are also available as part of the Management and Leadership topic.



### Introduction To Management

- 1.Essential Communication Skills
- 2. Advanced Communication Skills
- 3. Effective Coaching Skills
- 4. Delegation Skills
- 5.Emotional Intelligence
- 6.Leadership Styles
- 7. Management Versus Leadership
- 8. Managing Change
- 9. Managing Performance
- 10. Motivation Masterclass
- 11. Conflict Management
- 12.Leading Virtual Teams
- 13.Effective Remote Working14.Transitioning To The New Normal



### **Appraisal Skills**

- 1. The DNA Of A Successful Appraisal
- 2. Preparing For An Appraisal
- 3. How To Structure The Appraisal Discussion
- 4. How To Appraise Challenging Staff Members
- 5. Following Up On An Appraisal
- 6. How To Avoid Common Errors In Appraisals
- 7. How To Have Difficult Conversations With Poor Performers
- 8. Why Having Difficult Conversations Can Be Beneficial
- 9. How To Hold An Effective Appraisal



### **Managing Conflict**

- 1.Identifying & Dealing With A Blame Culture 2.Key Skills Required When Handling Conflict
- 3. Resolving Conflict Situations Part 1
- 4. Resolving Conflict Situations Part 2
- 5. The 5 Options Of Conflict Resolution
- 6. What Is Conflict At Work?



### **Coaching Skills**

- 1. When To Coach & When To Tell
- 2. How To Coach A Perfect 10
- 3. Coaching High Performers
- 4. Coaching Techniques Example, Effect, Change
- 5. Effective Questioning During Coaching
- 6. Using The Grow Coaching Model
- 7. What Is Coaching & Are You Doing It?
- 8. The Grow Coaching Model
- 9. How To Constructively Challenge In A Coaching Session
- 10. Great Coaching Questions To Use At Work



### **Negotiation Skills**

- 1. How To Negotiate More Effectively
- 2. How To Renegotiate Deadlines
- 3. Negotiation Styles
- 4. Preparing To Negotiate



### **Building High Performing Teams**

- 1. Collaborative Working
- 2. Understanding The Basic Needs Of Your Team
- 3. Developing Your Team
- 4. Dealing With A Team That Is Underachieving
- 5. Taking A Proactive Approach With Team Building
- 6.Implementing Team Values, Norms & Behaviours
- 7. How To Create A High Performance Team Culture
- 8. How To Conduct A Team Self-Evaluation
- 9. Maslow's Hierarchy In The 21st Century
- 10. The 5 Dysfunctions Of A Team
- 11. How To Improve Employee Engagement
- 12. Balancing Control & Freedom With Your Team
- 13. How To Boost Team Morale
- 14. What Stage Is Your Team At?
- 15. Cross Team Working
- 16. Stages Of Team Development



### **Change Management**

- 1. Understanding The Change Management Process
- 2.Dealing With The Impact Of Change
- 3. Selling The Need For Change
- 4. Encouraging Engagement During Change
- 5. Showing Leadership During Change
- 6.Lewin's Force Field Analysis
- 7. The Change Curve
- 8. Are Your Staff Resisting Change?
- 9. How To Guide People Through Change
- 10. Business Development & Continuous Improvement
- 11. Managing Change



### **Assertiveness Skills**

- 1. Practical Assertive Techniques
- 2. How To Become More Assertive As A Leader
- 3. Using Assertiveness To Deal With Negativity
- 4. How To Say No
- 5. How To Assertively Deal With Aggression
- 6. How To Be Assertive When You Are Shy & Introvert
- 7. How To Be Assertive With Your Boss



### **Communication Skills**

- 1. Active Listening How To Really Do It
- 2. Advanced Communication Skills Big Picture Vs Detailed Thinking
- 3. Advanced Communication Skills Internal & External References
- 4. Advanced Communication Skills Understanding Pain & Pleasure
- 5. Are You Using Negative Language Patterns?
- 6. Communication & Influence
- 7. Communication Technique Pause, Think, Act
- 8. Creating Clear Communications
- 9.How Managers Empower Their Staff Through Open Questions
- 10. How Managers Say No Without Crushing Morale
- 11. How To Ask For Help In The Right Way
- 12. How To Plan Out An Effective Communication
- 13. Influencing Skills
- 14. The Abc's Of Effective Communication
- 15. Tips For Improving Active Listening
- 16. Understanding People Do You Match Or Mismatch?
- 17. Understanding People External V Internal Reference
- 18. Understanding People How We Are Convinced By Something?
- 19. Understanding People Move Towards V Move
- 20. Understanding People Where Is Your Attention?
- 21. Which Communication Style Do You Use?
- 22. Why Having Difficult Conversations Can Be Beneficial
- 23.Listening
- 24. Types Of Communication
- 25. The Art Of Listening Part 1
- 26.The Art Of Listening Part 2
- 27. Written Communication Informal
- 28. Written communication Purpose & Choice Of Style
- 29. Written communication Formal Vs Informal
- 30. Reading Styles Skimming



### **Time Management**

- 1.Effective Time Management
- 2. How To Use A Time Log To Get More Done
- 3.Left Brain & Right Brain Thinking
- 4.Setting Effective Goals
- 5. Time Stealers How Do We Identify Them?
- 6. Management Of Self



### **Emotional Intelligence**

- 1.7 Ways To Improve Your Emotional Intelligence
- 2. An Introduction To Emotional Intelligence
- 3. Boost Your Empathy Skills
- 4. Boost Your Self-Awareness
- 5. Boost Your Self-Control
- 6. Boost Your Self-Motivation
- 7. Boost Your Social Skills
- 8. Emotional Intelligence
- 9.Emotional Intelligence Improving Your Empathy
- 10.Emotional Intelligence Improving Your Self-Control
- 11.Emotional Intelligence Improving Your Self-Awareness
- 12. Emotional Intelligence Improving Your Self-Motivation
- 13. Emotional Intelligence Improving Your Social Skills
- 14. What Is Emotional Intelligence?



### **Effective Meeting Skills**

- 1. How To Deal With Disruptive People In Meetings
- 2. How To Keep People On Task During Meetings
- 3. How To Make Your Meetings More Effective
- 4. How To Run MAGIC Meetings
- 5. Running More Productive Meetings
- 6. The DNA Of A Successful Meeting
- 7. Briefings
- 8. Business Rhythm
- 9. More Formal Meetings



#### Feedback Skills

- 1. Delivering Negative Feedback
- 2. Giving & Receiving Feedback
- 3. Giving Constructive Feedback
- 4. How People Feel When They Receive Feedback
- 5. How To Give Quality Feedback
- 6. Techniques To Use When Giving Feedback
- 7. The Principles Of Great Feedback
- 8. Constructive Feedback
- 9. Feedback Mechanisms



### **Handling Difficult Conversations**

- 1. How To Assertively Deal With Aggression
- 2. How To Close A Difficult Conversation
- 3. How To Give Bad News In The Right Way
- 4. How To Handle Difficult People
- 5. How To Have Difficult Conversations With Poor Performers
- 6. How To Hold A Difficult Conversation
- 7. Preparing For A Difficult Conversation
- 8. Why Having Difficult Conversations Can Be Beneficial
- 9. Difficult Conversations



#### **Presentation Skills**

- 1. 3 Tips To Reduce Your Presentation Jitters
- 2.Strong Introductions To Your Presentations
- 3.4 Rules For Eye-Catching Presentations
- 4. Overcoming Your Presentation Fears
- 5. Overcoming Your Presentation Nerves
- 6. Planning A Presentation
- 7. Structuring Your Presentation
- 8. Presentations



### **Delegation Skills**

- 1.7 Ways To Delegate Work
- 2. A Delegation Framework
- 3. A Quick Delegation Audit Exercise
- 4. Delegation: Overcoming Resistance
- 5. Do You Delegate Effectively?
- 6. How To Check In To Ensure Progress Is Made
- 7. The 7 Levels Of Delegation
- 8. Level 1 Managing Task & Person
- 9. Level 2 Confirming Confidence
- 10. Level 3 Their Recommendations
- 11. Level 4 Freedom With Checkpoints
- 12. Level 5 High Autonomy
- 13. Level 6 Checking Results
- 14. Level 7 Complete Control
- 15. Delegation Techniques
- 16. Types of Team
- 17. Project Management: Using The BALM Acronym



#### **Personal Skills**

- 1. Are Your Goals SMART?
- 2. Defining & Modelling Excellence
- 3. How Managers Can Build Their Self-Confidence
- 4. How Managers Fight Procrastination
- 5. How To Create A Personal Development Plan
- 6. How To Manage Those Emails
- 7.Managing Your State Through Focus, Body Language & Words
- 8. How To Be Assertive When You Are Shy & Introvert
- 9. How To Be Assertive With Your Boss
- 10. Are You Having An Active Working Day?
- 11. The Benefits Of A Lunchtime Walk
- 12. Awareness Of Self
- 13. Interpersonal Skills
- 14.Learning Styles
- 15. Personal Abilities
- 16. Raising Concerns
- 17. What Type Of Mindset Do You Have?
- 18. Upward Influence Mastering The Art Of Managing Up



### **Storytelling For Business**

- 1.Connecting & Engaging With The Audience When Telling Stories
- 2. Storytelling For Business A Model To Follow
- 3. The DNA Of A Successful Story
- 4. Why Tell Stories What's The Pay Off?



### Leadership & Management

- 1. Are You Acting As A Role Model?
- 2. Are You Being A Consistent Leader?
- 3. How Managers Build Trust Within Their Team
- 4. How To Manage Former Peers
- 5.Leadership Vs Management What Is The Difference?
- 6.Leadership Vs Management Introduction
- 7. Managing Absence In The Right Way
- 8. Maslow's Hierarchy In The 21st Century
- 9. The 5 Dysfunctions Of A Team
- 10. Understanding Managerial Styles
- 11. Which Style Are You Using The Most?
- 12. Customer & Stakeholder Management
- 13. Decision Making
- 14. Functions Of A Leader
- 15. Future Focus
- 16. Leadership Styles
- 17. Managing Absence
- 18. Operational Management: Approaches & Models
- 19. Operational/Department Manager Attributes
- 20. Organisational Culture
- 21. Organisation Governance & Compliance
- 22. Organisational Strategy
- 23. Organisational Values & Ethics
- 24. Reward & Recognition
- 25. The Differences
- 26. The Functional Approach To Leadership
- 27. Managing Neurodiverse Staff



### **Process Improvement**

- 1. Cycle Of Continuous Improvement
- 2. How To Review Your Current Processes
- 3.Implementing The Deming Cycle For Continuous Improvement
- 4.Planning & Implementing Improvements To Your Processes
- 5. Reducing Waste In The Process
- 6. Using Brainstorming To Create Ideas
- 7. Data Management & Technology
- 8. Sharing Best Practice
- 9. Managing Processes
- 10. How Can Technology Make Our Processes Easier?
- 11. Four Steps To Improving Your Processes



## **Managing Hybrid Teams**

- 1. Multiple & Remote Teams
- 2. The Five Characteristics Of Hybrid Working
- 3. The Hybrid Working Model
- 4. Five Skills You Need For Successful Hybrid Working
- 5. Understanding The Impact Of Transitioning To A Hybrid Workplace
- 6. The Benefits Of Hybrid Working For A Business
- 7. What Is Hybrid Working & Why Do Employees Want It?
- 8. How To Support Hybrid Working Schedules
- 9.Leadership & Hybrid Working
- 10. The Challenges Of Managing A Hybrid Team
- 11. Establishing Accountability For Making Hybrid Working Work



### **Problem Solving & Innovation**

- 1. Effective Problem Solving Asking The 5 Why's
- 2. How To Run A Brainstorming Session
- 3. Running Action Learning Sets To Solve Problems



### **Performance Management**

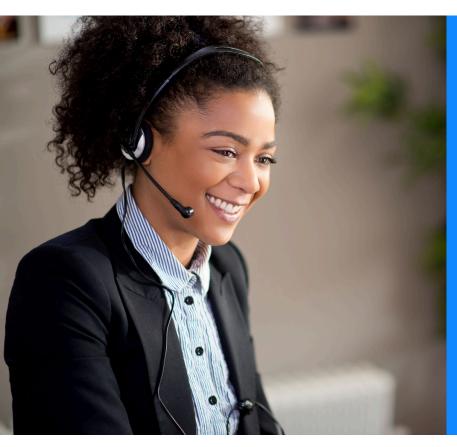
- 1.Getting Action From Your One To One Meetings
- 2. How To Deal With Consistent Lateness
- 3. How To Gain Commitment From Your Staff
- 4. How To Handle Poor Performing Employees
- 5. How To Manage People Older Than Yourself
- 6. How To Motivate Members Of Your Team
- 7. How To Run An Effective One To One Meeting
- 8. Managing Performance
- 9. Tackling Poor Performance
- 10. The First Step In Tackling Poor Performance
- 11. The Performance Management Chat
- 12. The Poor Performance Chat
- 13. Performance Management Techniques



### **Stress Management**

- 1.Building Resilience At Work
- 2. Defining Stress & Its Effects
- 3.HSE Stress Management Standards Part 1
- 4. HSE Stress Management Standards Part 2
- 5. Mental Health At Work Overview
- 6.Personality Types & Stress
- 7.Pressure & Stress
- 8. Recognising & Dealing With Stress
- 9. Stress Levels Accepting What You Cannot Change
- 10. Stress Levels Adapting To The Stressful Situation
- 11. Stress Levels Altering The Situation
- 12. Stress Levels Avoiding Unnecessary Stress
- 13. Stress Levels Coping Networks
- 14.The 6 Sources Of Workplace Pressure Part 1
- 15. The 6 Sources Of Workplace Pressure Part 2
- 16. What Pressure Are You Under? Part 1
- 17. What Pressure Are You Under? Part 2
- 18. The Pressure Curve
- 19. The 3 Primary Sources of Pressure
- 20. Wellbeing A Three-Pronged Approach
- 21. Pressure & Stress Warning Signs
- 22. Wellbeing & Resilience Strategies Part 1
- 23. Wellbeing & Resilience Strategies Part 2
- 24. Wellbeing & Resilience Strategies Part 3

## **Customer Service**



### Customer Service Fundamentals

- 1.Being Open To Feedback
- 2.Communication
- 3. Customer Experience
- 4. Dealing With Customer Conflict & Challenge
- 5. Developing Yourself
- 6.Equality
- 7. Influencing Skills
- 8. Interpersonal Skills
- 9. Knowing Your Customers
- 10. Meeting Regulations & Legislation
- 11. Personal Organisation
- 12. Presentation
- 13. Product & Service Knowledge
- 14. Right First Time
- 15. Role & Responsibilities
- 16. Team Working
- 17. Understanding The Organisation



### **Telephone Skills**

- 1.Best Practice Customer Service Over The Telephone
- 2. Dealing With Difficult Customers Over The Telephone
- 3. Effective Listening Skills
- 4. Effective Questioning Skills
- 5. Handling Customer Complaints Investigating On The
- 6. Handling Customer Concerns & Complaints Responding On The Phone
- 7. How To Answer A Call In The Right Way First Impressions Count
- 8. How To Build Rapport Over The Telephone
- 9. How To Put Callers On Hold & Transferring Calls
- 10. Taking Messages Over The Phone
- 11. The 4 E's Of Effective Telephone Communication
- 12. The Challenges Faced With Telephone Communication
- 13. The Importance Of Top Quality Telephone Skills



#### Face-To-Face

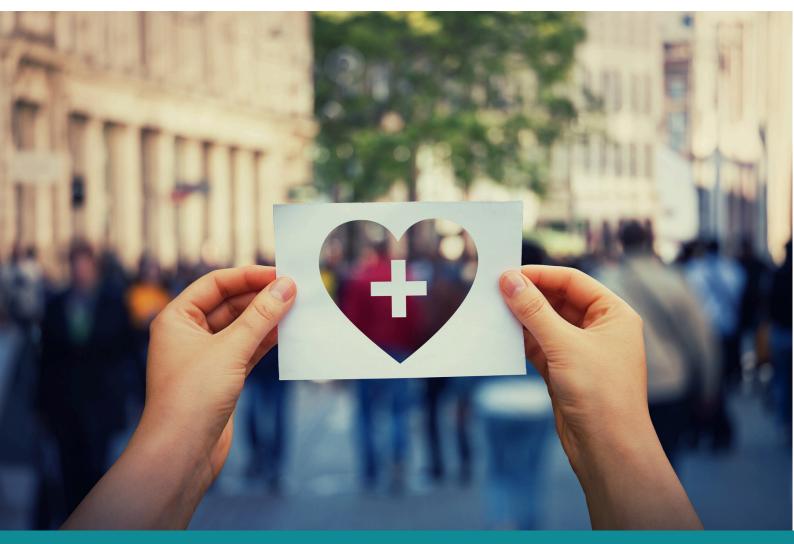
- 1.Best Practice Customer Service Face To Face
- 2.Dealing With Difficult Customers Face To Face
- 3. Handling Customer Enquiries
- 4. How To Develop Your Questioning & Listening Skills
- 5. How To Handle A Complaint
- 6.Understanding Your Role As A Customer Service Professional
- 7. What Do Our Customers Expect From Us?
- 8. What Does Great Customer Service Look & Sound Like?



# **Equality, Diversity & Inclusion**

- 1. Age Discrimination
- 2.An Introduction To Equality, Diversity & Inclusion
- 3. Bullying & Harassment
- 4. Disability Discrimination
- 5.Gender Reassignment Discrimination
- 6.Marriage Or Civil Partnership Discrimination
- 7.Pregnancy & Maternity Discrimination
- 8. Race Discrimination

- 8. Religion Or Belief Discrimination
- 9. Sex Discrimination
- 10. Stereotyping & Prejudice
- 11. Sexual Orientation Discrimination
- 12. The Equality Act 2010
- 13. Organisational Culture
- 14. Unconscious Bias
- 15. Inclusivity
- 16. What is Neurodiversity?



## Health & Wellbeing

- 1. Mental Health At Work Overview
- 2. Pressure & Stress
- 3. Pressure & Stress Warning Signs
- 4. The 6 Sources Of Workplace Pressure Part 1
- 5. The 6 Sources Of Workplace Pressure Part 2
- 6. The Benefits Of A Lunchtime Walk
- 7. The Pressure Curve
- 8. The Three Primary Sources of Pressure
- 9. Wellbeing A Three-Pronged Approach
- 10. Building Resilience at Work
- 11. Are You Having An Active Working Day?
- 12.21st Century Assertiveness Part 1
- 13.21st Century Assertiveness Part 2

- 14. HSE Stress Management Part 1
- 15. HSE Stress Management Part 2
- 16. Wellbeing & Resilience Strategies Part 1
- 17. Wellbeing & Resilience Strategies Part 2
- 18. Wellbeing & Resilience Strategies Part 3
- 19. What Pressure Are You Under? Part 1
- 20. What Pressure Are You Under? Part 2
- 21. Returning To The Workplace
- 22. Supporting Your Team Back To The Workplace
- 23. Anxiety Management Strategies

## **Health & Safety**





### **Fire Safety**

- 1.Fire Doors
- 2. Fire Extinguishers
- 3. Fire Marshals
- 4. Fire Safety Your Responsibilities
- 5. Fire Safety Legislation & Health & Safety
- 6. Means Of Escape & Evacuation
- 7. Perception & Behaviour Of People In Fire Situations
- 8. The Causes Of Fire
- 9. The Classification Of Fires
- 10. The Fire Triangle



### **Company Requirements**

- 1. Appointed First Aid
- 2. Employee Responsibilities
- 3. Noise At Work
- 4. Risk Assessments
- 5. Safe Equipment & Systems
- 6.The Health & Safety At Work Act
- 7. Workplace Hazards
- 8. Carrying Out Risk Assessments
- 9. Appointed First Aider



### **Work Safety Requirements**

- 1. Manual Handling Techniques & Best Practices
- 2.Slips, Trips & Falls
- 3. Working From Heights
- 4. Asbestos Awareness
- 5.Environment Awareness For Business
- 6.Fire Marshal Awareness



### **Ergonomic Workspace**

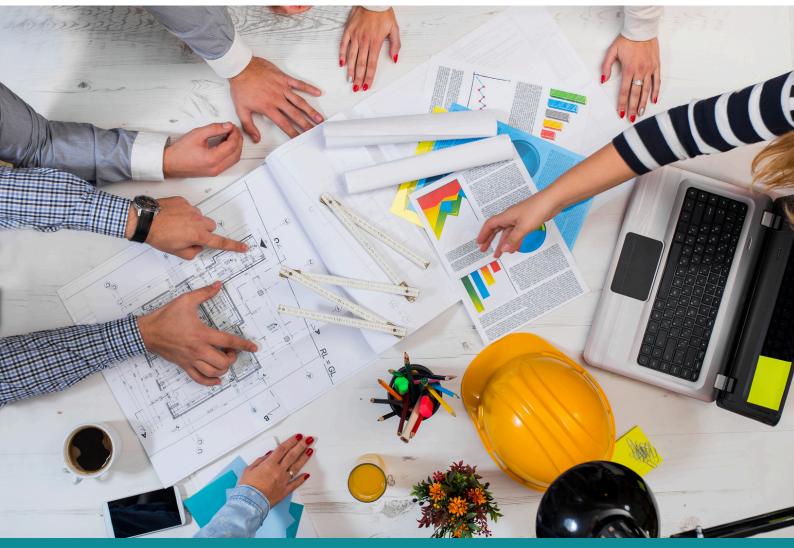
- 1. Correct Posture Whilst Sitting
- 2.Introduction To An Ergonomic Workspace
- 3. Setting Up Your Workspace Adjusting Your Chair
- 4. Setting Up Your Workspace Preventing RSI At Work
- 5. Setting Up Your Workspace Reducing Eye-Strain
- 6. The Art Of Lifting
- 7. Ergonomic Workspace for Health & Productivity (DSE)



## **GDPR**



- 1. An Introduction To GDPR
- 2. What Makes GDPR Different?
- 3. What Is Considered As Personal Data?
- 4. What Is A Data Subject?
- 5. Your Role Data Processor Or Data Controller?
- 6. Processing Data
- 7.6 Bases Of Legal Data Processing
- 8. Data Protection Principles
- 9. New Data Subject Rights
- 10.Data Breaches
- 11. The Difference Between UK & EU GDPR
- 12.GDPR



# Project Management

- 1. How To Estimate Work
- 2. How To Manage Project Risks
- 3. How To Manage Resources
- 4. How To Run An Effective Project
- 5. Managing Stakeholders
- 6. Phase 1 Project Initiation
- 7. Phase 2 Project Planning
- 8.Phase 3 Project Execution & Control
- 9. Phase 4 Project Closure
- 10. Project Budgeting
- 11. Project Management For Non-Project Managers
- 12. Project Planning Tools
- 13. Setting Project Goals & Objectives

- 14. So You've Got A New Project Now What?
- 15. The Different Phases Of A Project
- 16. The DNA Of A Project Plan
- 17. Tracking Progress Of Your Project
- 18. Understanding Critical Path Analysis
- 19. Understanding The Key
- 20. Characteristics Of All Projects
- 21. What Makes Up A Good Project Team?
- 22. Project Life Cycle
- 23. Implementing Operational Plans
- 24. Simple Techniques
- 25. Time To 'Do The Do' Make The Project Happen



## **Human Resources**

- 1. Alcohol & Drugs At Work
- 2. Anti-Money Laundering
- 3.Email & The Internet
- 4. Environmental Awareness
- 5. The Freedom Of Information Act
- 6. Harassment & Bullying At Work
- 7. Health & Wellbeing
- 8. Mental Health At Work
- 9. Safeguarding Adults

- 10. Safeguarding Children
- 11. Social Media Awareness
- 12. The Bribery Act
- 13. The Data Protection Act
- 14. Understanding Cybersecurity
- 15. The Modern Day Slavery Act 2015
- 16. Whistleblowing
- 17. Fraud Awareness & Prevention
- 18. Cyber Security Awareness
- 19. Bullying & Harassment
- In The Workplace
- 20. Mental Health Awareness

## Sales Effectiveness



### **Introduction To Sales**

- 1.Building Pain & Pleasure Within The Sales Interaction
- 2. Effective Planning & Preparation For The Sale
- 3. Effective Sales Interactions
- 4. How Is A Sale Made?
- 5. How To Ask For The Sale
- 6. Overcoming Objections
- 7. Selling Is About Pulling Not Pushing
- 8. The Importance Of Follow Up
- 9. Understanding Benefits V Features
- 10. Understanding The Modern Day Buyer
- 11. Understanding The Sales Process
- 12. Using Emotion & Logic To Influence



### **Handling Objections**

- 1. Are Sales Objections A Bad Thing
- 2. Are Sales Objections A Good Thing
- 3. Different Types Of Closes & Their Effectiveness
- 4. Handling Objections "That Costs Too Much"
- 5. Handling Objections Price Objection Or Price Shock
- 6.Handling Objections There Are Only Two Types
- 7. How To Ask For The Business
- 8. How To Avoid Objections In The First Place
- 9. How To Frontload Objections Into Your Interactions
- 10.How To Handle The Objection & Move The Sale Forward
- 11. How To Isolate An Objection
- 12.Technique Feel, Felt, Found
- 13. The Best Objection Handing Model To Use
- 14. The First Thing To Do When Faced With An Objection
- 15. What Type Of Objections Do You Receive?
- 16. When to Walk Away From Price Only Customers
- 17. Word For Word Responses To The Most Common Objections



### **Key Account Management**

- 1. Account Management Effectiveness
- 2. What Is Key Account Management?
- 3. What is the Role of a Key Account Manager?



### **Preparation & Mindset**

- 1.3 Ways On Gaining More Info Without Asking A Single Question
- 2. Changing Your Mindset & Approach Part 1
- 3. Changing Your Mindset & Approach Part 2
- 4.Common Reasons Why Sales People Fail
- 5.Getting Organised
- 6.Know Your Stuff
- 7. Manage Your State
- 8.Mentally Preparing For The Sale
- 9. Overcome The Fear of Rejection
- 10. Planning & Preparing For A Sales Meeting Part 1
- 11. Planning & Preparing For A Sales Meeting Part 2
- 12. Successful Sales Habits
- 13. The Pull Don't Push Attitude
- 14. The Sales Mindset
- 15. Understanding The DNA of Sales
- 16. Understanding The Science of Your Selling
- 17. What Is Your Sales Style?
- 18. What It Takes To Be A Modern Day Sales Professional



### **Territory Management**

1.Territory Management – Best Practices 2.What Is Territory Management?

## Sales Effectiveness



#### **Sales Interactions**

- 1.10 Tips To Improve Your Listening Skills
- 2.7 Steps To Build & Maintain Connections With Your Clients
- 3. Asking Questions
- 4. Closing How To Move The Sale Forward
- 5. Creating A Sense of Urgency In The Sale
- 6. Ditch The Pitch Approach
- 7.Don't Talk About Your Solutions Too Early On
- 8. Helping People To Buy
- 9. How To Front Load Objections
- 10. How To Reduce Your Price
- 11. How To Respond To Why Should I Buy From You
- 12. How To Respond When The Prospect Asks For A Discount
- 13. Keeping Control When The Customer Says Yes
- 14. Listening Mistakes Sales People Make
- 15. Never Ask This Question When Closing
- 16. Objection Handling Masterclass
- 17. On Your Way To The Meeting
- 18. Planned Not Canned Presentations
- 19. Pre-Meeting Mindset & Objective Setting
- 20. Preparing Your Small Talk
- 21. Pull Vs Push Selling
- 22. The Top Questions To Uncover Needs, Wants & Pain
- 23.Use This Wording When Revealing The Price To Your Prospect
- 24. Using Email During The Sales Cycle
- 25. Using Emotion & Logic To Influence Part 1
- 26. Using Emotion & logic to influence Part 2



### Sales Management

- 1.7 Ways To Make Your Monday Morning Sales Meeting
  Buzz
- 2.Field Accompaniments After The Visit
- 3. Field Accompaniments Before The Visit
- 4. Field Accompaniments During The Visit
- 5. How To Carry Out A Complex Sale Part 1
- 6. How To Carry Out A Complex Sale Part 2
- 7. Running Effective Sales Coaching Sessions
- 8. Sales Coaching Defined
- 9. Supporting As A Sales Coach
- 10. The 4 Stages Of A Complex Sale



### **Cold Calling & Prospecting**

- 1.3 Powerful Tips For Setting Appointments On The Telephone
- 2.3 Useful Hints For Leaving Your Prospect A Voicemail
- 3.4 Quick Tips On Gaining More Referrals Than You Can Handle
- 4.5 Prospecting Mistakes to Avoid
- 5.6 Phrases To Avoid When Speaking With The Decision Maker
- 6. Cold Calling How to Open Your Call
- 7. Developing A Calling Framework To Use
- 8. How To CEMENT Your Appointments In Stone
- 9. How To Close A Direct Sale Over The Telephone
- 10. How To Get Through A Gatekeeper Screen
- 11. How to Get Your Voicemails Returned
- 12. How To Identify A Gatekeeper Screen
- 13. How To Open Your Calls
- 14. How To Overcome Objections On The Telephone
- 15. How To Sell An Appointment
- 16. How To Sell The Appointment & Not What You're Selling
- 17. Keeping Your Pipeline Full
- 18. Make Your Sales Scripts Sound Unrehearsed
- 19. On Your Way To The Telephone
- 20. Pre Call Planning & Objective Setting
- 21. Pre-Call Planning & Preparation
- 22. Prospecting Keeping In Touch Without Stalking
- 23. Prospecting Why You Should Lose "Touching Base"
- 24. Qualifying Decision Makers
- 25. Social Selling
- 26. Successful Follow Up Calls
- 27. The Gatekeeper Screen
- 28.Uncovering The Needs & Wants Of Your Prospects
- 29. We're Happy With Our Current Supplier... What Now



### **Consultative Selling**

- 1. Consultative Selling Skills Why Use This Approach?
- 2. Consultative Selling Skills The PULSE Model
- 3. Consultative Selling PULSE Model Position
- 4. Consultative Selling PULSE Model Understand
- 5. Consultative Selling PULSE Model Leverage
- 6. Consultative Selling PULSE Model Solution
- 7. Consultative Selling PULSE Model Evolve 8. Consultative Selling Reminders

## Sales Effectiveness



### **Retail Sales**

- 1. The Key To Improving Retail Sales
- 2. The Balance Between Sales & Service
- 3. Product Knowledge
- 4. Store Presentation & Merchandising
- 5. Personal Presentation & Hygiene
- 6.Behaviour & Body Language
- 7. Health & Safety
- 8. Understanding Your Competitors
- 9. Meets & Greets Approaching Customers
- 10.Discovery Unearthing Needs
- 11.Offering The Solution
- 12. Creating Interest With Features & Benefits
- 13. Detecting & Overcoming Stalls To The Buying Process
- 14. Closing The Sale
- 15. Additional Selling Techniques
- 16.Point Of Sale
- 17. Phone Calls, Email & Internet Sales
- 18. Handling Complaints



### **Winning Sales Presentations**

- 1.Creating A Powerful First Impression & Opening
- 2. Creating Dynamic Content For Your Presentation
- 3. Delivery Strategies Part 1
- 4. Delivery Strategies Part 2
- 5. Delivery Strategies Part 3
- 6. How To Answer Challenging Questions
- 7. How To Capture Your Audience's Attention
- 8. How To Connect With Your Audience
- 9. How To Handle Challenging People During Your Presentations
- 10. How To Overcome Nerves
- 11. Pre-Presentation Planning
- 12. Pre-Presentation Preparation
- 13. The 4 Elements Of A Sales Presentation
- 14. The DNA Of A Formal Sales Presentation
- 15. The Power Of Tonality
- 16. The Power Of Your Body Language



#### **Sales Exhibitions**

- 1.Getting The Message Right
- 2. Managing The Stand
- 3.Lead Classification
- 4. Exhibition Stand Behaviours
- 5. Why Do We Exhibit?
- 6. Pre-Exhibition Objectives
- 7.Pre-Exhibition Lead Nurturing
- 8. How To Identify, Approach & Engage With Exhibit Visitors
- 9. Killer Engagement Skills On The Stand
- 10.Lead Follow Up

## Sales Effectiveness





### **Gaining An Unfair Advantage**

- 1.10 Customer Wants In Addition To Lowest Price
- 2. From Sales Person To Trusted Advisor
- 3. How To Bash The Competition Without Bashing Them
- 4. How To Remove Existing Supplier Relationships
- 5. How To Remove Your Competitors From The Equation
- 6. Keeping Your Prospects Warm During The Sales Cycle
- 7. Understanding Your Numbers For Accelerated Results
- 8. Why Speed Wins In Sales



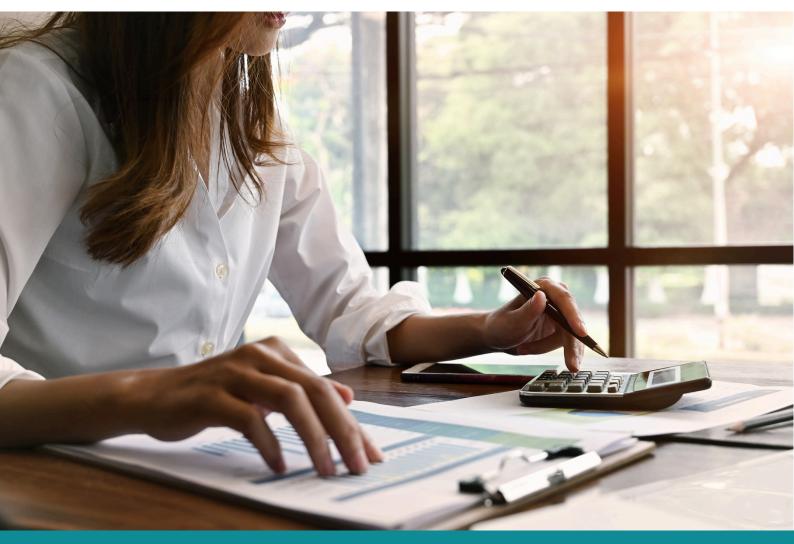
### **Understanding Buyers**

- 1. Different Buyer Types Part 1- Activist & Reflector
- 2. Different Buyer Types Part 2 Theorist & Pragmatist
- 3. How To Build Rapport
- 4. Understanding Buyer Types
- 5. Understanding How Your Buyers Process Information Big & Small Chunk Thinkers
- 6. Understanding How Your Buyers Think Auditory & Kingesthetic
- 7. Understanding The Modern Day Buyer Part 1
- 8. Understanding The Modern Day Buyer Part 2



### **Negotiation Skills**

- 1. Different Negotiation Styles
- 2.Negotiation A Vital Skill
- 3.Stage 1 Planning & Preparation
- 4. Stage 2 Managing The Discussion
- 5. Stage 3 Proposing Solutions
- 6. Stage 4 Bargaining For Outcomes
- 7. Stage 5 Summarising & Reaching An Agreement
- 8. The 4 Possible Outcomes Of A Negotiation
- 9. The 5 Stages For A Successful Negotiation



# Finance For Non-Finance

- 1. Capital Expenditure v Revenue Expenditure
- 2.Cost Behaviour (Fixed, Variable, Semi-Variable)
- 3. How To Put Together A Budget
- 4. How Your Day To Day Decisions Impact Profit & Cash Flow
- 5.Introduction To Accountancy & Finance
- 6. The Definitions Of Commonly Used Financial Terms
- 7. The DNA Of A Balance Sheet
- 8. The DNA Of A Cash Flow Statement
- 9. The DNA Of A Profit & Loss Statement
- 10. The Effects Of Depreciation
- 11. Understanding Ratio Analysis & How To Use It

- 12. Understanding The 3 Main Accountancy Statements
- 13. Understanding Working Capital: What Is It? How Can We Manage It?
- 14. Variance Analysis & Reforecasting
- 15. Why Cash Doesn't Equal Profit
- 16. Data Analysis
- 17. Cash Flow
- 18. Budgets
- 19. Finance & Funding
- 20. Financial Forecasting
- 21. Financial Records
- 22. Reviewing & Controlling Costs

## **Microsoft Excel**





#### **Excel Essentials**

- 1.Using Find & Select
- 2.Decimal Places
- 3. How To Format A Cell
- 4. How To Merge Cells
- 5. Wrapping Text
- 6. Formatting The Print Area
- 7. Page Breaks
- 8.Locking Cells
- 9. Password Protecting
- 10. Protecting A Sheet
- 11. Protecting A Workbook
- 12.Read-only Workbooks
- 13. Customising The Ribbon
- 14. Quick Access Toolbar
- 15. Understanding The Ribbon (Excel Menu)
- 16.Using The Status Bar
- 17. Understanding Workbooks
- 18. Using AutoRecover
- 19. Viewing Multiple Workbooks
- 20. Workbook Themes
- 21. Consolidating Worksheets
- 22. How to Freeze Panes
- 23. How to Group Worksheets
- 24. Sheet Names
- 25. Spell Check
- 26. Splitting Your Worksheet
- 27. Understanding Worksheets
- 28. Viewing Multiple Worksheets
- 29.Zoom



#### **Excel Courses**

- 1. Data Analysis Fundamentals
- 2.Data Analysis Chart
- 3. Data Analysis Conditional Formatting
- 4. Data Analysis Filters
- 5.Data Analysis Pivot Tables
- 6. Microsoft Excel Essentials
- 7. Introduction To Excel
- 8. Functions & Formulas Array Formulas
- 9.Functions & Formulas Cell References
- 10.Function & Formulas Logical Functions
- 11. Functions & Formulas Text Functions
- 12. Excel Fundamental Skills

## Microsoft Excel

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### **Data Analysis**

- 1. Area Chart
- 2. Axes
- 3.Bar Chart
- 4.Chart Sheet
- 5 Charts
- 6.Column Chart
- 7. Combination Chart
- 8. Data Series
- 9. Error Bars
- 10. Gauge Chart
- 11.Line Chart
- 12.Pie Chart
- 13.Scatter Plot
- 14.Sparklines
- 15. Trendline
- 16.Colour Scales
- 17. Compare Two Lists
- 18. Conditional Formatting
- 19. Conflicting Rules
- 20.Data Bars
- 21. Find Duplicates
- 22.Heat Map
- 23.Icon Sets
- 24. Manage Rules
- 25. Shade Alternate Rows
- 26.Advanced Filter
- 27.Data Form
- 28.Date Filters
- 29.Filter
- 30.Number & Text Filters
- 31.Outlining Data
- 32.Remove Duplicates
- 33. Subtotal Unique Values
- 34.Unique Values
- 35.Calculated Field/Item
- 36. Frequency Distribution
- 37.Group Pivot Table Items
- 38.Multi-level Pivot Table
- 39.Pivot Chart
- 40.Pivot Tables
- 41. Slicers
- 42.Tables
- 43.Update Pivot Table
- 44. Custom Sort Order
- 45.Randomise List
- 46.Reverse List
- 47.Sort
- 48. Sort by Colour
- 49. SORT Function



#### **Functions & Formulas**

- 1. Array Formulas
- 2.Count Errors
- 3. Count Unique Values
- 4. Count with Or Criteria
- 5. Most Frequently Occurring Word
- 6.Sum Every Nth Row
- 7.Sum Largest Numbers
- 8. Sum Range With Errors
- 9. Sum with Or Criteria
- 10. System Of Linear Equations
- 11. Absolute References
- 12. Adding A Column
- 13. Address
- 14.Cell References
- 15.External References
- 16. How To Copy A Formula
- 17. Using Hyperlinks
- 18. Count & Sum Functions
- 19. Count Blank & Nonblank Cells
- 20.Count Cells With Text
- 21. Count Characters
- 22. Countif Function
- 23.Not Equal To
- 24.Running Totals
- 25.SUM Function
- 26.Sumif Function
- 27. Sumproduct
- 27.3umproduct
- 28. Date & Time Formats
- 29. Date & Time Functions
- 30.Last Day of the Month

- 31. Today's Date Function
- 32. Absolute Value
- 33. Comparison Operators
- 34. Contains Specific Text
- 35. If Cell Is Blank
- 36. IFS Function
- 37. Logical Functions
- 38. Or Function
- 39. Switch
- 40. Lookup & Reference Functions
- 41. Vlookup Functions
- 42. Reducing Decimals
- 43. Rounding Function
- 44. Average Functions
- 45. Rank Function
- 46. Change Case
- 47. Compare Text
- 48. Concatenate 49. Counting Words
- 50. Find
- 51. Remove Spaces
- 52. Search
- 53. Substitute Vs Replace
- 54. Substring
- 55. Text
- 56. Text Functions
- 57. Text to Columns





## **British Values**

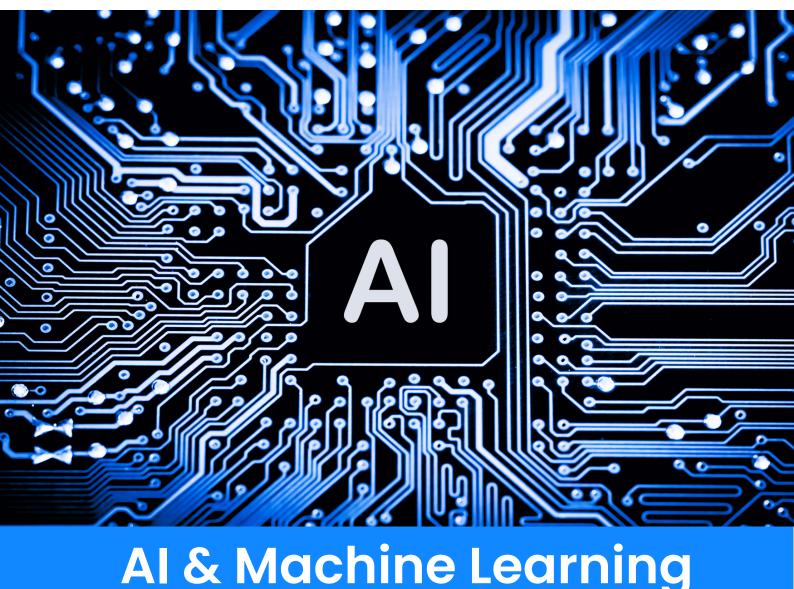
- 1.British Values Part 1 Democracy
- 2.British Values Part 2 Respect & Tolerance
- 3. British Values Part 3 Rule of Law
- 4. British Values Part 4 Individual Liberty
- 5.British Values Prevent





# Manufacturing & Engineering

- 1. Understanding How To Communicate In An Industrial Environment
- 2. Understanding Rights & Responsibilities In An Industrial Environment
- 3. Understanding Working Effectively In An Industrial Environment
- 4. Understanding Working Relationships In An Industrial Environment
- 5.A Brief History of LEAN
- 6. Action Planning & Continuous Improvement
- 7. Adjustments to Manufacturing Operations
- 8. Allocating Roles
- 9. Brainstorming
- 10. Choosing A Visual Management System
- 11. Common Faults & Handover of Information
- 12. Competitive Edge
- 13. Completing Risk Assessments
- 14. Containment & Counter Measures
- 15. Describe How The Cycle Time Of A Process Can Be Defined
- 16. Describe When Quality Control Documentation Should Be Completed
- 17. Effective Team Working
- 18. Evaluating Improvement Ideas
- 19. Explain How to Challenge Fixed Ideas Without Causing Problems With Working Relationships
- 20.Fishbone
- 21. Flow Charts
- 22. Understanding Health & Safety In An Industrial Environment
- 23. Flow Process Analysis How to Do It
- 24. Flow Process Analysis Improvement Opportunities
- 25. Hazards & Risks
- 26. Introducing LEAN
- 27.Lean Within Business Organisation
- 28. Measures of Performance
- 29.No 'l' In Team
- 30. Obtaining & Interpreting Necessary Instructions, Specifications & Procedures
- 31.PDCA & Action Planning
- 32. Problem Solving
- 33. Problems & Avoiding Them
- 34. Problems & Dealing With Them
- 35. Problems & How to Deal With Them



These sessions are our new docu-learn style. Reading with a quiz at the end.

- 1. What is Artificial Intelligence (AI)?
- 2. AI Ethics & Data Security: : Navigating the New Workplace Norms
- 3.AI Literacy For Professionals: Understanding AI and Its Workplace Applications
- 4.Embracing Al: Transforming the Workplace for Efficiency and Innovation
- 5. The Future of Work: Building Al-Ready Skills For Tomorrows Challenges
- 6.Leading with AI: Strategies for Mangers in the AI-Enabled Workplace
- 7.Data-Driven Discission Making With AI
- 8. Al-Powered Customer Service: Enhancing Engagement and Satisfaction
- 9. Machine Learning Fundamentals: An Introduction
- 10. Ethics and Bias in Machine Learning
- 11. Natural Language Processing (NLP) with Machine Learning
- 12. Deploying Machine Learning Models



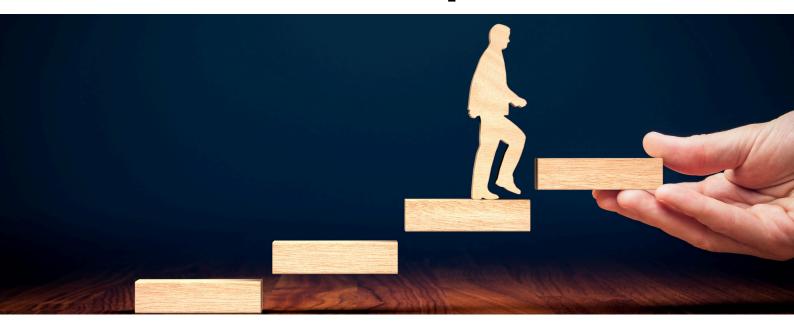
# **Communication Techniques**

### These sessions are also included in the Management and Leadership bundle.

- 1. Why Having Difficult Conversations Can Be Beneficial
- 2. Practical Assertive Techniques
- 3. Using Assertiveness To Deal With Negativity
- 4. How To Say No
- 5. Identifying & Dealing With A Blame Culture
- 6. Key Skills Required When Handling Conflict
- 7. Resolving Conflict Situations Part 1
- 8.Resolving Conflict Situations Part 2
- 9. The 5 Options Of Conflict Resolution
- 10. Active Listening How To Really Do It
- 11. Are You Using Negative Language Patterns
- 12.Communication & Influence
- 13. Communication Technique Pause, Think, Act
- 14. Creating Clear Communications
- 15. How To Ask For Help In The Right Way
- 16. How To Plan Out An Effective Communication
- 17. The Abc's Of Effective Communication
- 18. Understanding People Do You Match Or Mismatch?
- 19. Understanding People External V Internal Reference
- 20. Understanding People How We Are Convinced By Something
- 21.Understanding People Move Towards V Move Away

- 22. Understanding People Where Is Your Attention?
- 23. Which Communication Style Do You Use
- 24. Why Having Difficult Conversations Can Be Beneficial
- 25. Delivering Negative Feedback
- 26. Giving & Receiving Feedback
- 27. Giving Constructive Feedback
- 28. How People Feel When They Receive Feedback
- 29. Techniques To Use When Giving Feedback
- 30. The Principles Of Great Feedback
- 31. How To Close A Difficult Conversation
- 32. How To Give Bad News In The Right Way
- 33. How To Handle Difficult People
- 34. How To Hold A Difficult Conversation
- 35. Preparing For A Difficult Conversation
- 36. How To Negotiate More Effectively
- 37. How To Renegotiate Deadlines
- 38. Negotiation Styles
- 39. Preparing To Negotiate
- 40. Connecting & Engaging With The Audience When Telling Stories
- 41. The DNA Of A Successful Story
- 42. Why Tell Stories What's The Pay Off

## Personal Development



### These sessions are also included in the Management and Leadership bundle.

- 1.7 Ways To Improve Your Emotional Intelligence
- 2. An Introduction To Emotional Intelligence
- 3. Are Your Goals SMART?
- 4. Awareness Of Self
- 5. Boost Your Empathy
- 6. Boost Your Self-Awareness
- 7.Boost Your Self-Control
- 8. Boost Your Self-Motivation
- 9. Boost Your Social Skills
- 10. Cycle Of Continuous Improvement
- 11. Defining & Modelling Excellence
- 12. Defining Stress & Its Effects
- 13. Effective Problem Solving Asking The 5 Whys
- 14. Effective Time Management
- 15.Emotional Intelligence Improving Your Empathy
- 16.Emotional Intelligence Improving Your Self-Awareness
- 17.Emotional Intelligence Improving Your Self-Control
- 18.Emotional Intelligence Improving Your Self-Motivation
- 19.Emotional Intelligence Improving Your Social Skills
- 20. How To Assertively Deal With Aggression

- 22. How To Be Assertive When You Are Shy And Introvert
- 23. How To Be Assertive With Your Boss
- 24. How To Manage Those Emails
- 25. How To Review Your Current Processes
- 26. How To Run A Brainstorming Session
- 27. How To Run Magic Meetings
- 28. How To Use A Time Log To Get More Done
- 29. Interpersonal Skills
- 30. Learning Styles
- 31. Left Brain & Right Brain Thinking
- 32. Managing Your State Through Focus, Body Language & Words
- 33. Overcoming Your Presentation Fears
- 34. Stress Levels Coping Networks
- 35. Structuring Your Presentation
- 36. The DNA Of A Successful Meeting
- 37. Time Stealers How Do We Identify Them?
- 38. Tips For Improving Active Listening
- 39. What Is Emotional Intelligence?





# Thank you

Please contact us for more information.

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